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AT DINNIO, WE CAN CATER FOR YOUR  
PRIVATE PARTIES AND CELEBRATIONS

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**DINNIO**  
MEDITERRANEAN KITCHEN

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**GLUTEN-FREE MENU**

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## HOT MEZES

<b>DINNIO HUMMUS</b> <i>Sautéed diced lamb fillet with pine kernels on a bed of houmous</i>	<b>£7.95</b>
<b>HALLOUMI CHEESE V</b> <i>Grilled Cyprus halloumi cheese with salad</i>	<b>£7.45</b>
<b>FALAFEL V</b> <i>Deep fried patties made from chickpeas, herbs and spices</i>	<b>£6.95</b>
<b>SPICY PRAWNS</b> <i>King prawns cooked in coconut cream, onions &amp; ginger sauce</i>	<b>£10.45</b>
<b>SPICY CALF'S LIVER</b> <i>Pan-fried calf's liver served with red onions</i>	<b>£8.95</b>

## COLD MEZES

<b>HUMMUS V</b> <i>Puree of chick peas, tahini, lemon and garlic</i>	<b>£6.95</b>
<b>TZATZIKI V</b> <i>Creamy garlic yogurt with cucumber, garlic and dry mint</i>	<b>£6.95</b>
<b>QUINOA TABBOULEH V</b> <i>Finely chopped flat-leafed parsley mixed with mint, quinoa, tomatoes, onion and pomegranate dressing.</i>	<b>£6.95</b>
<b>GREEK SALAD V</b> <i>Feta cheese, tomatoes, cucumber, marinated olives and red onions</i>	<b>£7.95</b>
<b>BABA GHANOUSH V</b> <i>Caviar of smoked aubergine, tahini, garlic, lemon, olive oil and yoghurt topped with fresh pomegranates</i>	<b>£7.45</b>
<b>AUBERGINE RATATOUILLE - IMAM BAYILDI V</b> <i>Stewed aubergine, peppers, chickpeas and tomatoes</i>	<b>£7.45</b>
<b>EZME SALAD V N</b> <i>Finely chopped tomatoes, onion and parsley with lemon and olive dressing, topped with fresh pomegranates and walnuts</i>	<b>£8.45</b>
<b>BEETROOT &amp; QUINOA TARATOR V</b> <i>Oven roasted beetroot, creamy garlic yoghurt, quinoa, spinach, tahini. Garnished with pomegranate</i>	<b>£7.45</b>

## MIXED MEZES

- HUMMUS • TABBOULEH •
- TZATZIKI •
- BEETROOT TARATOR •
- AUBERGINE RATATOUILLE •
- BABA GHANOUSH •
- HALLOUMI • FALAFEL •

**£14.95 PER PERSON**

## SPICY POTS

*All cooked with onion, coconut cream, garlic and ginger based spicy sauce served with rice*

<b>SPICY LAMB MEATBALL POT</b>	<b>£19.45</b>
<b>SPICY CHICKEN OR LAMB POT</b>	<b>£22.45</b>
<b>SPICY PRAWNS POT</b>	<b>£21.45</b>

## CHARCOAL GRILLS

<b>LAMB SHISH KEBAB</b> <i>Marinated lamb pieces grilled on a skewer, served with rice, salad &amp; special chilli sauce</i>	<b>£23.45</b>
<b>CHICKEN SHISH KEBAB</b> <i>Marinated chicken pieces grilled on a skewer, served with rice, salad &amp; special chilli sauce</i>	<b>£20.45</b>
<b>ADANA KOFTE KEBAB</b> <i>Minced lamb kneaded with capia peppers and fresh herbs, served with rice, salad and tomato sauce</i>	<b>£20.45</b>
<b>GRILLED LAMB CUTLETS</b> <i>Served with rice, salad &amp; special chilli sauce</i>	<b>£26.45</b>
<b>SPECIAL MIXED GRILL</b> <i>Adana kofte, lamb cutlet, marinated cubes of chicken and lamb grilled and served with rice, salad and special chilli sauce</i>	<b>£27.45</b>

## SALAD

<b>SALMON SALAD</b> <i>Salmon with mixed sweet peppers, tomatoes, black olives with leaf salad and avocado</i>	<b>£19.45</b>
<b>CHICKEN SALAD</b> <i>Chicken with mixed sweet peppers, tomatoes, black olives with leaf salad and avocado</i>	<b>£19.45</b>
<b>HALLOUMI SALAD V</b> <i>Halloumi cheese with mixed sweet peppers, tomatoes, black olives with leaf salad and avocado</i>	<b>£16.45</b>

## SPECIALS

<b>ALI NAZIK KEBAB</b> <i>Sautéed tender spiced bits of lamb over a smoky aubergine puree with yoghurt &amp; garlic</i>	<b>£23.45</b>
<b>KLEFTIKO (LAMB SHANK)</b> <i>Oven baked shank of lamb cooked with shallot onion and vegetables. Served with creamy mashed potato</i>	<b>£22.45</b>
<b>MEAT MOUSAKKA</b> <i>Minced beef, layered on aubergine, courgette &amp; potatoes, oven cooked with creamy cheese sauce, served with salad &amp; special chilli sauce</i>	<b>£19.45</b>
<b>GRILLED SALMON</b> <i>Served with creamy mashed potato and salad</i>	<b>£21.45</b>
<b>GRILLED SEA BASS (2 FILLET)</b> <i>Served with creamy mashed potato and stir-fried vegetables</i>	<b>£23.45</b>

## SEAFOOD

## VEGETARIAN

<b>FALAFEL WITH HOUMOUS &amp; VEGETABLES V</b> <i>Served with salad</i>	<b>£14.45</b>
<b>VEGGIE KEBAB V</b> <i>Aubergine, courgette, mushrooms and bell peppers served with white rice</i>	<b>£16.45</b>

# THE ITALIAN

## ANTIPASTI

<b>GODDESS OLIVES V</b> <i>Mighty big green olives from Sicily's belice valley, mild and nutty</i>	<b>£6.45</b>
<b>INSALATA TRICOLORE V</b> <i>Avocado, tomato and buffalo mozzarella salad, drizzled with extra virgin olive oil and fresh basil</i>	<b>£7.45</b>
<b>INSALATA CAPRESE V</b> <i>Buffalo mozzarella and tomato salad, drizzled with extra virgin olive oil and fresh basil</i>	<b>£6.45</b>
<b>PROSCIUTTO E MELONE</b> <i>Parma ham with melon</i>	<b>£8.45</b>
<b>GAMBERONI ALL'AGLIO</b> <i>King prawns and baby prawns, garlic, chilli, white wine and touch of tomato</i>	<b>£12.45</b>
<b>AVOCADO SALMONE ROYAL</b> <i>Smoked salmon, prawn and avocado on a bed of salad with Marie Rose sauce</i>	<b>£11.95</b>
<b>AVOCADO CON GAMBERETTI</b> <i>Avocado with fresh peeled prawns with homemade Marie Rose sauce</i>	<b>£9.95</b>

## PASTA

<b>PENNE ALLA BOLOGNESE</b> <i>Traditional tomato and meat sauce</i>	<b>£13.45</b>
<b>PENNE DELLO CHEF</b> <i>Chicken, mushrooms, baby spinach, cream, tomato &amp; garlic</i>	<b>£13.95</b>
<b>PENNE ALLA CARBONARA</b> <i>Bacon, egg, cream and parmesan</i>	<b>£13.95</b>
<b>PENNE ARRABBIATE V</b> <i>Tomato sauce, chillies and garlic</i>	<b>£12.45</b>
<b>PENNE AL SALMONE</b> <i>Cream, smoked salmon and baby spinach</i>	<b>£14.95</b>
<b>PENNE AI FRUTTI DI MARE</b> <i>Mixed seafood with tomato sauce and garlic</i>	<b>£19.45</b>
<b>PENNE SOFIA LOREN</b> <i>With chicken, bacon, fresh spinach and cream</i>	<b>£14.95</b>
<b>PENNE PORTOFINO</b> <i>King prawns, baby prawns, cherry tomatoes, olive oil and garlic</i>	<b>£18.45</b>

## MAIN COURSES

<b>POLLO ALLA DINNIO</b> <i>Chicken breast topped with ham, mozzarella and tomato sauce served with vegetables</i>	<b>£19.45</b>
<b>POLLO CREMA E FUNGHI</b> <i>Succulent chicken breast cooked in a sauce of mushrooms &amp; onions with cream served with vegetables</i>	<b>£17.45</b>
<b>SEA BASS AL VINO</b> <i>Pan fried sea bass fillet with wine, garlic, baby plum tomatoes and parsley topped with a big wedge of lemon served with vegetables</i>	<b>£22.45</b>
<b>FEGATO ALLA GRIGLIA</b> <i>Grilled calves liver with bacon served with mashed potato and vegetables</i>	<b>£18.45</b>

## RISOTTO

<b>RISOTTO ALLA PESCATORA</b> <i>Italian arborio rice with mixed seafood</i>	<b>£17.95</b>
<b>RISOTTO POLLO E FUNGHI</b> <i>Italian arborio rice with chicken, spinach, garlic, mushroom, cream and tomato</i>	<b>£14.95</b>

## SIDES

<b>CHUNKY FRIES V</b>	<b>£5.50</b>
<b>SAUTÉED POTATOES V</b>	<b>£5.50</b>
<b>INSALATA RUCOLA V</b> <i>Fresh rocket salad with cherry tomatoes and balsamic vinegar, topped with parmesan shavings</i>	<b>£5.45</b>
<b>INSALATA DI POMODORO E CIPOLLA V</b> <i>Tomato, onion, salad dressed &amp; topped with fresh basil</i>	<b>£4.45</b>
<b>INSALATA MISTA - MIXED SALAD V</b> <i>Mixed leaf salad drizzled with balsamic vinegar</i>	<b>£5.45</b>
<b>PAN FRIED SPINACH V</b>	<b>£5.50</b>
<b>SAUTEED MUSHROOMS V</b>	<b>£5.50</b>